

THE GETAWAY GUIDE

Destination highlights for foodies & travelers
photos and text by Iris McCarthy



photo courtesy of Holland America Line

TAKE A HIKE

At almost 50,000 acres, Acadia National Park runs alongside Maine's rocky coastline and is home to a host of plants, wildlife and Cadillac Mountain--the tallest mountain on the US Atlantic coast. Early 20th-century philanthropists, including John D. Rockefeller, Jr., donated the land that is now a national treasure. Each year, visitors flock to the park's verdant hills to hike the famous pink granite, bird watch and take in the relaxing scenery and surroundings.

Mt. Desert Island, ME | 207.288.3338 | nps.gov/acad/index.htm

CANADA & NEW ENGLAND: The "Sail Away" Getaway

OBJECTIVE: Book a cruise aboard Holland America Line's ms Veendam and enjoy a scenic itinerary that treats passengers to international and domestic delights



The Getaway Guide | Summer 2014

HOTEL WITH A VIEW

Generally regarded as the most photographed hotel in the world, the Chateau Frontenac sits prominently in Quebec City's skyline offering breath-taking views of the St. Lawrence River. The architectural beauty boasts an impressive 611 rooms and delights guests with Old World European charm. Retreat to one of its luxurious suites after a tour of one of the world's most walkable cities.

1 rue des Carrières Québec City, Québec | +418.692.3861





SHELLFISH REASONS

There's no better way to truly experience a city than through its food and no visit to Bar Harbor (or "Bah Habah" as locals say) is complete without a taste of its most famous delicacy--lobster. Most local restaurants and road-side shacks serve the coveted crustacean in a variety of preparations but tackling a whole lobster or nomming on an authentic lobster roll is the way to go. So grab a lobster bib (don't worry about looking silly--your clothes will thank you) and get crackin'; you won't find finer lobster anywhere in the world.

Various locations

LIGHT IT UP

Besides its mussels, Prince Edward Island--also known as "The Gentle Island"--is famous for its lighthouses. There are a number of them, all of varying shapes and sizes, dotting the coastline. A climb to the top of the magnificent beacons offers unspoiled panoramic views of the island's sprawling vistas.

Various locations | www.tourismpei.com/lighthouse-lovers-tour



TO MARKET, TO MARKET • • • • •

Sydney's Big Fiddle Market is kind of hard to miss; a giant sculpture of a fiddle sits just outside of the bustling Nova Scotia market. Shoppers looking to purchase authentic Cape Breton items like hand-knitted goods, artisanal crafts and jewelry and the famed tartans will find a variety of vendors under one roof. Want to know a bit more about your goods? Shoppers are encouraged to chat with the local vendors who are more than happy to discuss the processes behind their craft.

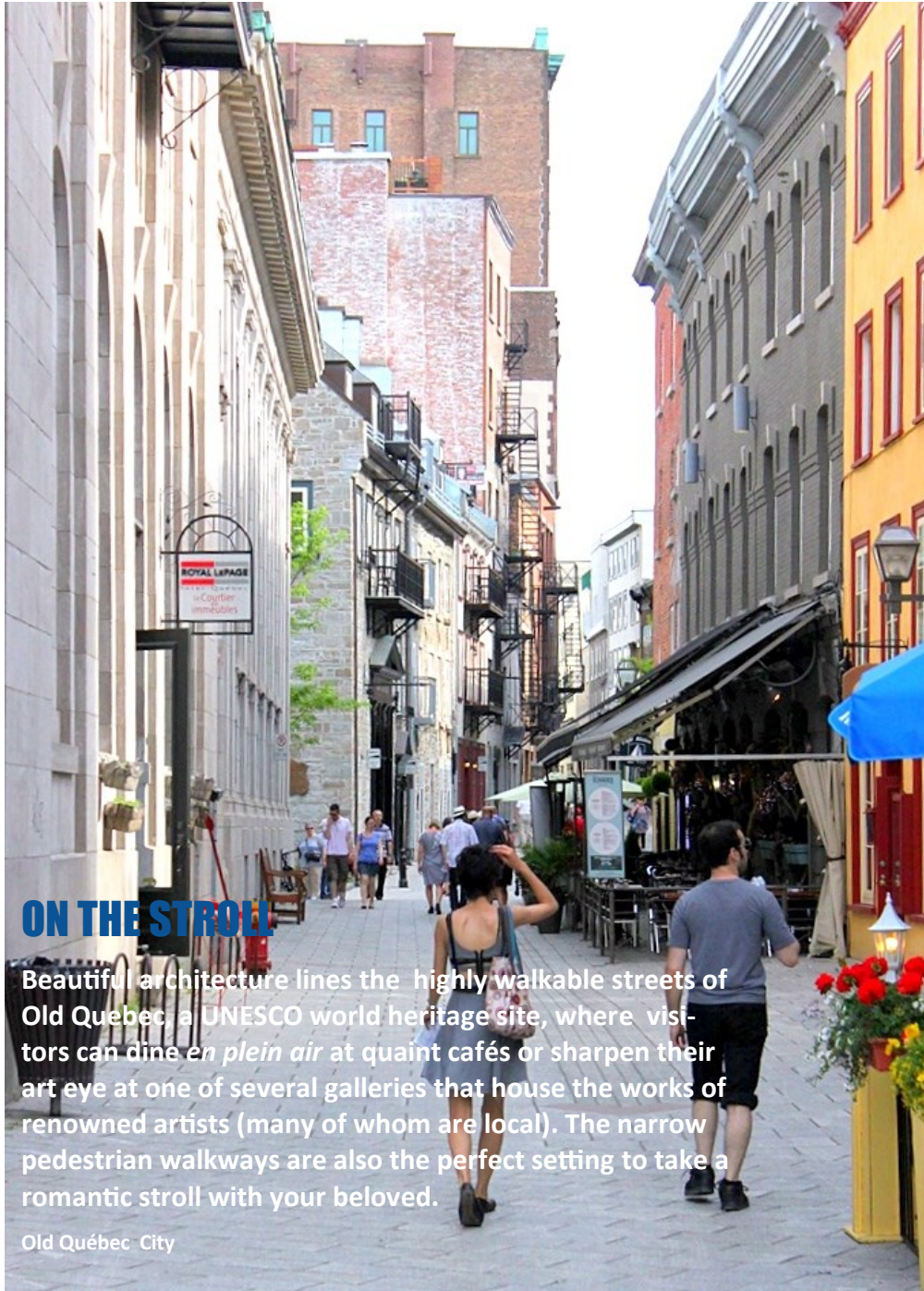
60 Esplanade Sydney, Nova Scotia | 902.562.0620 | bigfiddlemarket.com

FLEX YOUR MUSSELS • • • • •

Water Prince Corner Shop may rest on a prominent corner, but it's a bit unassuming. One might never guess that some of the island's best eats lie just inside. The family-owned restaurant has a menu filled with the freshest catches from PEI wharves and fishermen. An impressive selection of Atlantic lobsters, Malpeque oysters, crab, Island Blue mussels, steamer clams and fish attracts locals and tourists alike. Don't skip the seafood chowder!

141 Water St. Charlottetown, PEI | 902.368.3212 | waterprincelobster.ca





ON THE STROLL

Beautiful architecture lines the highly walkable streets of Old Québec, a UNESCO world heritage site, where visitors can dine *en plein air* at quaint cafés or sharpen their art eye at one of several galleries that house the works of renowned artists (many of whom are local). The narrow pedestrian walkways are also the perfect setting to take a romantic stroll with your beloved.

Old Québec City



SOMETHING'S FISHY

Peggy's Cove is a small, rural fishing village on the edge of St. Margaret's Bay in Halifax known for its Peggy's Point Lighthouse. The fishery may be the chief industry but that doesn't stop tourists from descending on the diminutive town to take in the rustic scenery where it's evident that locals have taken great care to preserve a simple way of life. Shopping and dining, awe-inspiring scenery and myriad outdoor activities provide visitors with endless options to experience this little retreat.

Halifax, Nova Scotia | peggyscoveregion.com